



### **Health and safety for participating in a visit to Hsithe Village/Destination Ayeyarwady**

• In consideration of being allowed to participate in any way in the trip and related events, please note:

- That the tour involves boat travel. Therefore, please inform us at the time of booking and all guides if you cannot swim.
- Please wear life jackets at all times. It is compulsory to wear life jackets while riding small fishing boats. If life jackets are not available, do not enter the boat.
- When getting on and off boats, please take extra care.
- Please wear a hat and sunscreen to protect yourself from the heat.
- Please drink water to stay hydrated. Do not drink from the village water supply.
- Please wash your hands before eating.

### **Participant Release of Liability and Assumption of Risk Agreement**

In consideration of being allowed to participate in any way in the trip, related events and activities, participants acknowledge, appreciate, and agree that:

1. There is a risk of injury from the activities involved in this programme, including the potential for boat accidents, heatstroke, and stomach illness.
2. Participants knowingly and freely accept such risks, both known and unknown, even if arising from the negligence of others, and assume full responsibility for their participation and safety.
3. Participants willingly agree to comply with terms and conditions for participation. If participants observe any unusual significant hazard during their participation, participants will remove themselves from participation and bring such to the attention of the nearest responsible person immediately.
4. Participants, for themselves and on behalf of their heirs, assigns, personal representatives and next of kin, release, indemnify, and hold harmless Destination Ayeyarwady and the community of Hsithe Village, its officers, officials, agents and/or employees, other

participants, sponsors (including the Harrison Institute and GeoDiscover Travel), advertisers, and, if applicable, owners of premises used during the trip (releases), from any and all claims, demands, losses, and liability arising out of or related to any INJURY, DISABILITY OR DEATH that the participant may suffer, or loss or damage to person or property, WHETHER ARISING FROM THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE, to the fullest extent permitted by law.